




MENTAL HEALTH & WELLNESS

Visions Adolescent Treatment Centers offer adolescents and their families a full continuum of care, from crisis intervention to aftercare planning. Our clinically intensive, relationally informed programs provide a safe environment to assess, stabilize, and provide diagnostic clarity to determine the right course of treatment.

By combining psychiatric oversight, evidence-based therapies, and family support, our programs focus specifically on the psychological, emotional and physical impacts of dual diagnosis and mental health disorders.



Our tranquil home, quietly tucked in the hills of Malibu, California, provides primary residential programming for adolescents, ages 13 to 18, challenged with mild to acute mental health disorders. With years of combined experience, our highly-qualified staff nurture the sensitive process of stabilization, containment, exploration, and healing while addressing family systems.





Clinical Program:

- Psychiatric assessment, oversight, & medication management
- Weekly physician visits
- Comprehensive psychological testing
- Individual therapy/counseling/recovery mentorship (5 days per week)
- Weekly family therapy & monthly family intensive workshops
- Multi-family process groups
- Psycho-educational groups
- Relational & systemic group therapies
- DBT-Informed programming
- Medical detox

Experiential Program:

- EMDR
- Brainspotting
- Neurofeedback
- Somatic experiencing
- Equine therapy
- Art therapy
- Music therapy
- Yoga & Meditation
- Recreational therapies

Academic Program:

- Individualized lesson planning
- Accelerated learning
- Credit recovery
- ACT & SAT preparation
- College planning

Continuing Care:

- Collaborative aftercare planning
- Exit plans
- Peer support group
- Parent support group
- Alumni culture & fellowship

Social Programming:

- Community support groups
- Mindfulness meditation
- Pottery workshops
- Rock climbing
- Horseback riding
- Surf lessons
- Nature walks & hiking

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866-889-3665

visionsteen.com