

COMMITTED TO THE FAMILY.  
COMMITTED TO THE FUTURE.

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adolescent treatment centers

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RESIDENTIAL CARE



adolescent treatment centers

Successfully Providing Mental Health,  
Substance Abuse and Family Treatment Since 2002.



## Visions Residential Care Program

offers a comprehensive, clinically-based treatment option for adolescents and their families. Visions multi-modal approach to treating complex issues relies on a team approach including family, previous treatment professionals, teachers, community experts and Visions' team of unparalleled clinicians.

A Visions client is often struggling with one or more of the following issues:

### Mental Health Issues

Depression • Bipolar Disorder • Self-Harm • Personality Disorders •  
Obsessive Compulsive Disorder • Trauma • Anxiety\*

### Substance Abuse Issues

Alcohol • Marijuana • Pills\*

### Eating Disorders

Anorexia • Bulimia • Body Image\*

\* Including Other Mental Health, Substance Abuse and Eating Disorder Issues

Visions' residential facilities embody a quiet and supportive environment. Tucked away in the hills of Malibu, Visions offers 25 acres of land nestled in the utmost privacy and comfort. Latigo, our Mediterranean style home, creates a feeling of healing and growth. Mulholland, our original facility, offers a comfortable home-like setting. Each facility offers residents a safe and rural surrounding that is inaccessible to the public. Our staff is supportive and our ambiance sets the tone for a healthy, rigorous atmosphere.

**Our safe, supportive, intensive residential program combines various daily activities that help adolescents come to terms with their challenges and begin to make positive choices that will lead them to healthy and productive lives.**

Males & Females • 13 to 18 years old • Family Involvement Required • Average Length of stay is 45 to 90 Days.

Program admission involves several comprehensive assessments of each resident's condition and specific issues or needs, including:

**Medical Assessment • Substance Abuse Assessment • Psychiatric Assessment • Psychosocial Assessments • Psychological Testing • Educational Assessment • Neurological Testing • Trauma Assessment • Eating Disorder Assessment • Sexual Compulsivity Assessment**



Whenever possible, collateral information is collected from additional resources including family, schools and previous treatment providers.

In addition to overall treatment, Visions provides other services, which act as an adjunct to the treatment goals of each resident. These services include:

**On-Site School • Physical Fitness • Nutritional Services • Equine Therapy • Discharge and Aftercare Planning • Community Service**

Mental Health and Substance Abuse issues affect the entire family and studies have shown the best outcomes for treatment depend on the family's understanding of and participation in the therapeutic process. The family component of treatment is a critical aspect of the healing and recovery of an adolescent. **Our program includes a minimum of 5 hours per week of family-focused therapy throughout the treatment process.**

Multi-Family Group • Individual Family Sessions • Family Education